

**CHILDRENS PLAY MAT**  
**By Esther Anderson**  
**(Approx size 40" x 40")**



Fabric Requirements

50cm of Patterned fabric

20cm each of yellow, green, red, orange and purple

30cm blue fabric for binding

110cm backing fabric

110cm wadding

**Cutting Instructions (all measurements are in inches)**

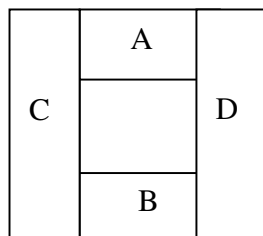
Fabric	Size	Cut	Instructions
Fabric 1 – Animals	6 ½ x 6 ½	25	Cut five 6 ½ strips and then cut each into 6 ½ squares.
Fabric 2 – Green	1 ½ x 6 ½ 1 ½ x 8 ½	10 10	Cut four 1 ½ strips Divide two of them into four 6 ½ strips plus one 8 ½ strip and the other two into four 8 ½ strips plus one 6 ½ strip.
Fabric 3 – Orange	1 ½ x 6 ½ 1 ½ x 8 ½	10 10	As above
Fabric 4 – Purple	1 ½ x 6 ½ 1 ½ x 8 ½	10 10	As above
Fabric 5 – Red	1 ½ x 6 ½ 1 ½ x 8 ½	10 10	As above
Fabric 6 - Yellow	1 ½ x 6 ½ 1 ½ x 8 ½	10 10	As above
Fabric 7 – Blue for binding	2 ½ x 40	4	Cut four 2 ½ strips

**Making up**

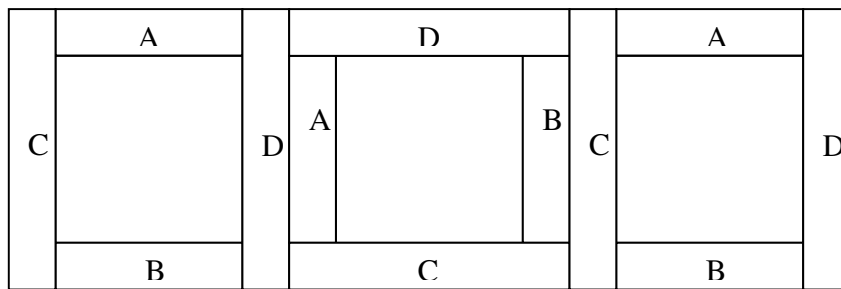
Use ¼ inch seams throughout.

Step 1- Make the Log Cabin blocks

The blocks are made by sewing the strips log cabin style around each patterned square.



First you sew on the two 6 ½ inch strips (A and B) and then add the 8 ½ inch strips (C and D). The blocks also alternate in direction as seen below :-



Method – When you have cut out all your pieces, refer to the diagram for the placement of colours and sort out all your “A” strips. These will then be sewn to either the top or the left of each of your squares. If you want your animals to all be the same way up remember to sew the strip to the left of the square where required. The table below shows how many of each strip you will need.

	A	B	C	D
Green	9	1	5	5
Orange	3	7	5	5
Purple	5	5	5	5
Red	7	3	5	5
Yellow	1	9	5	5
TOTAL	25	25	25	25

Use chain piecing to save time and thread, and work your way through adding on A to D. Keep referring to the diagram for the colour placement and press outwards as you go. (Chain piecing is where you don’t remove your work from the sewing machine. When you have finished sewing one strip, move your work on an inch or so to clear from the needle and then begin sewing the next piece. They will just be held together by the spare thread. When you have done a batch cut them all apart and press.)

Trim your blocks to 8 ½ inches.

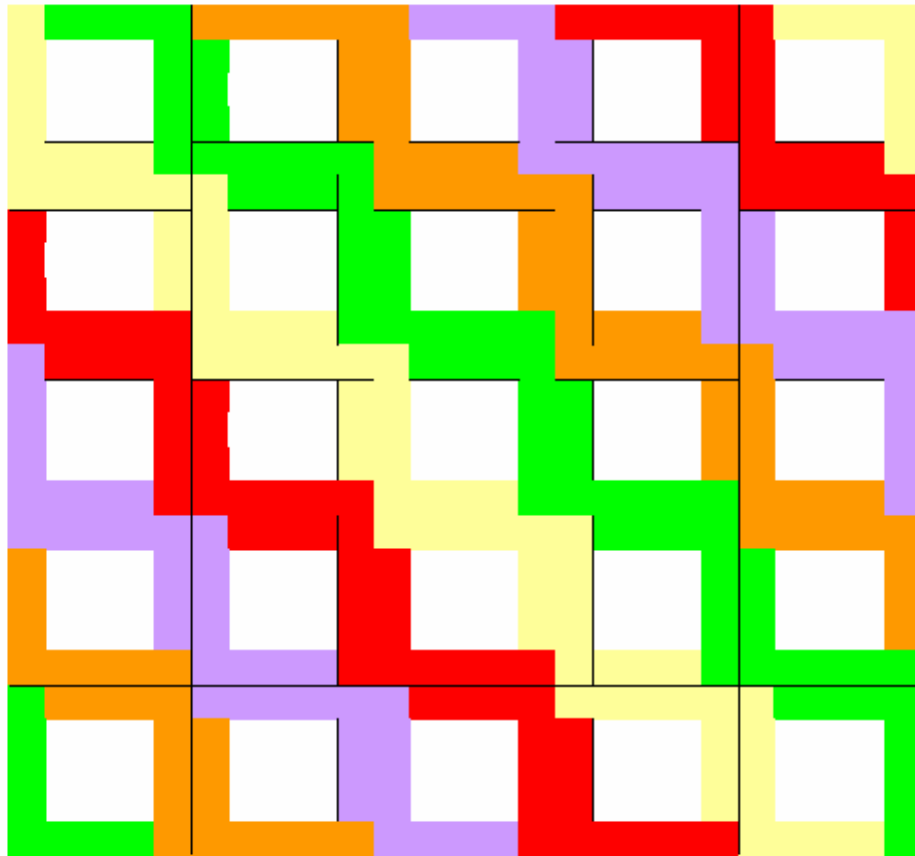
### Step 2 – Assemble the quilt

The quilt is made from five rows of five blocks. Refer to the diagram and sew each row together and then join your rows together. I pressed the first row in one direction and the next in the opposite, so that I could “butt” the seams properly. When joining the rows, press them all in the same direction.

Your quilt top is finished! You can now layer up the quilt with a backing of your choice and quilt as desired. You will need approx 1.15m of standard width fabric to back the quilt. Finish by binding with the blue fabric.

### Quilting

I used a bright variegated thread and a zig zag stitch to quilt the outside joins of the squares.



*Esther Anderson for Purely Patchwork, February 2008.*